

TERA MAXWELL

Release the Blocks, Align with Your Soul Vision, and Breakthrough to the Next Level of Your Life & Business

This guide is dedicated to all the light leaders who are here to influence and impact millions.

Who are light leaders?

Here, they are coaches, healers, doctors, and creatives who have a desire to use their gifts and talents to serve others. They must get in alignment so they can finally live to their full potential!

Conscious entrepreneurs are going to shift the planet.

As they create the affluence and freedom in their lives and businesses, they inspire others and have the freedom to contribute.



IS THIS YOU?

Since you were a child, you knew that you were designed for greatness.

But something is stopping you.

You have gifts and a unique message to share with the world. All your experiences, passions, wounded stories, & even past heartaches have endowed you with them.

You have achieved some success.

You make enough money.

You focus on your vision.

You celebrate your wins!

On the outside, it looks to others like you have arrived. But your dream still eludes you.

You still worry about meeting your financial obligations.

You still get slammed with setbacks or disappointments.

You get distracted.

Sometimes, you are so busy between clients and family that you can't create the time and space to birth your vision.

Then, there is self-sabotage.

Perhaps, you find yourself using food or other distractions to fill an emptiness inside.

You take on family crises head-on, diverting focus from your goals.

All this finally leads you to self-doubt and anxiety...

Then, the next time an opportunity comes, you don't trust yourself to know with certainty that you can meet your goals.

You freeze. You don't know what to do because you can't trust yourself.

You need to do something, but what?

You have tried everything to fix yourself: books, coaches, self-improvement, workshops, courses, meditation.

You get some shifts.

But it still doesn't increase the financial abundance in your life.

What is going on?

That next level of you living your highest purpose feels so close, yet so far away.

But energy healing doesn't work to change your bank account balance because it doesn't engage your body and mind.

Affirmations don't work because they don't engage your spirit and body.

And mindset coaching doesn't work because it doesn't engage your spirit and body.

You are stuck on a treadmill of personal development. And when you look at the difference between your business 6 months ago and now, you know it hasn't changed. You know it will be the same 6 months down the road if you don't figure this out.

The thought of being in the same place a year from now is intolerable.

You feel your time and money being pulled in different directions. Between your family and your business, you aren't sure where to invest, and you feel guilty when you spend time with either because you feel like you should be with the other!

You CAN clear it on your own . . . It doesn't have to take so long or be so hard.

But if you are not getting the results you desire, you need a new approach.

Nothing has worked yet because nothing you've tried truly engages the whole you for full embodiment of the change you crave!

You need to engage the power of vibrational frequency and join the vortex of a community of people like you to thrive!.



Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, and fabulous? ~~ Marianne Williamson

You know what you want. You desire more freedom.

The ability to travel around the world.

Or the abundance to live in your dream home.

Or to create the impact you want.

Or to share your life with your soulmate.

Or to create heaven on earth in your life right now.

To serve and inspire others.

So what is stopping you from absolutely living by your dream? You know the answer:

It is you.

You have to trust yourself

Believe in yourself.

Know that you are enough.

You're afraid that if you really step into your brilliance, you will leave behind the ones you love.

So you keep playing small...

So here's the truth ...



It's not your fault.

I get it...

I once called myself the Queen of Self-Sabotage.

I struggled for years to achieve what I thought was success. I reached my goals, even earning a PhD. But the truth is ... I was afraid to get a real job. So I stayed in my comfort zone in academia. And the thing is ... I was compensating for the shame that I felt in my past. No matter what I did, I could not free myself from that baggage.

And I thought that if I could do more I would be likable and respectable. I still was seeking validation from others, which kept me from trusting myself and following my true path.

Talk about baggage...

I carried around so much emotional baggage from my childhood and generational patterns.

Plus, I was a stripper in my twenties.

My life was a mess. I was addicted to cocaine & speed. I was hospitalized 3 times for attempted suicides. I struggled with an eating disorder for twenty years.

And I thought that my only value was in my beauty and how men viewed me or lavished me with money.

So I know intimately the pain of living far beneath my potential.

And though I had moments of clarity and sobriety, I would relapse to my old patterns.

Back in the loop of my own personal hell.

Until at the age of 28, I was lying on a bathroom floor, overdosing on designer drugs, and I asked a Divine Power to help me.

I surrendered.

And I was granted the grace to clean up my life and go back to school.

But despite getting A's, marrying a good guy, raising 3 babies, and following him around while he climbed the corporate ladder, I was white-knuckling success. with sheer will and self-determination.

I looked good on the outside . . .

But I still felt like I was not enough.



Writer's block and the desire to not screw up my kids introduced me to energy work.

I shifted around money, my marriage, and my family, and I finally finished and defended my dissertation a year later.

Studying energy medicine, releasing blocks, and studying patterns of success became my new obsession.

As I studied other energy modalities, including Emotional Freedom Technique and Carolyn Cooper's Simply Healed Method TM, I realized that so many other healing practitioners still had money blocks.

They were not playing at the level of their potential.

That's when I had an epiphany that became a central principle to the method I developed.

In *Think and Grow Rich*, Napoleon Hill interviewed the wealthiest men and women of his day and discovered the 13 principles to create wealth. A light bulb went off as I read this book.

Energy work, if applied to wealth alignment, is a hack to accelerate success.

If you are not getting results in your life, fix your alignment.

If you are energetically aligned with your dream, success is inevitable.

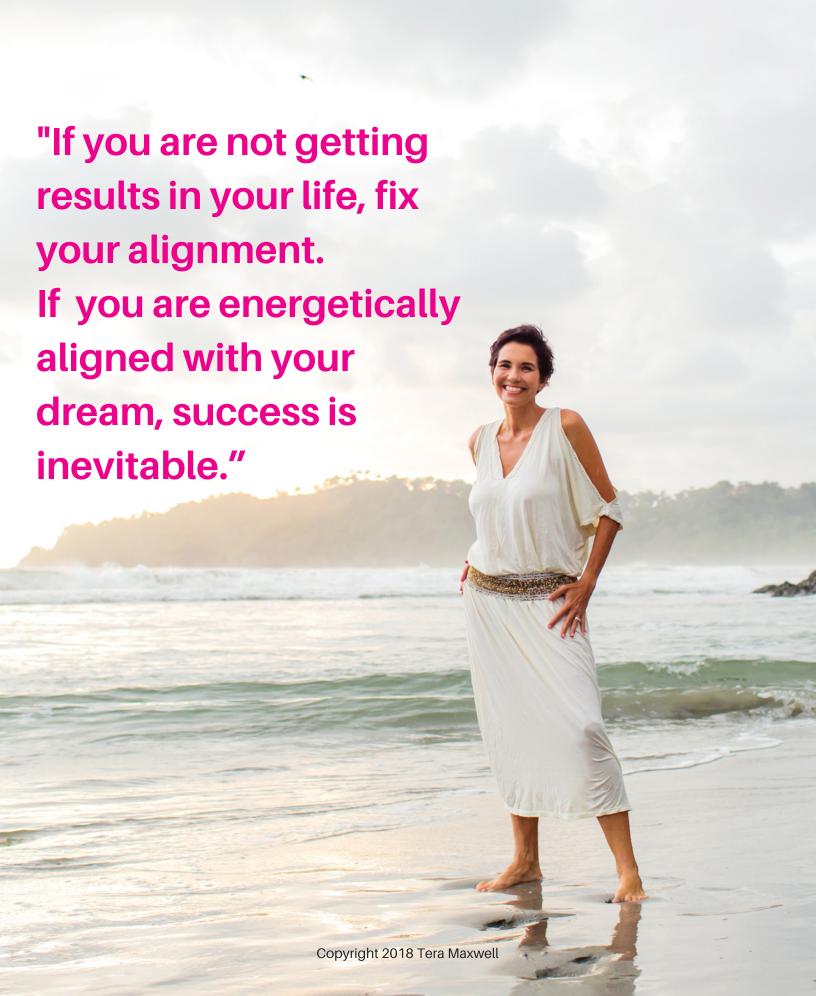


And I developed the Conscious Reality Creation MethodTM, which addresses the patterns, clears the limiting beliefs and blocks, and highlights what stops people from manifesting their dream.

In my first year as an energy healer, I generated \$2600. But I applied this method, declared my vision, and hired a business mentor, and within 7 months, I created a 6 figure business. And in the next few years, my business continued to grow.

I realized that I was onto something because, although I had hired a business coach, all the other entrepreneurs in my community were not getting the same results.

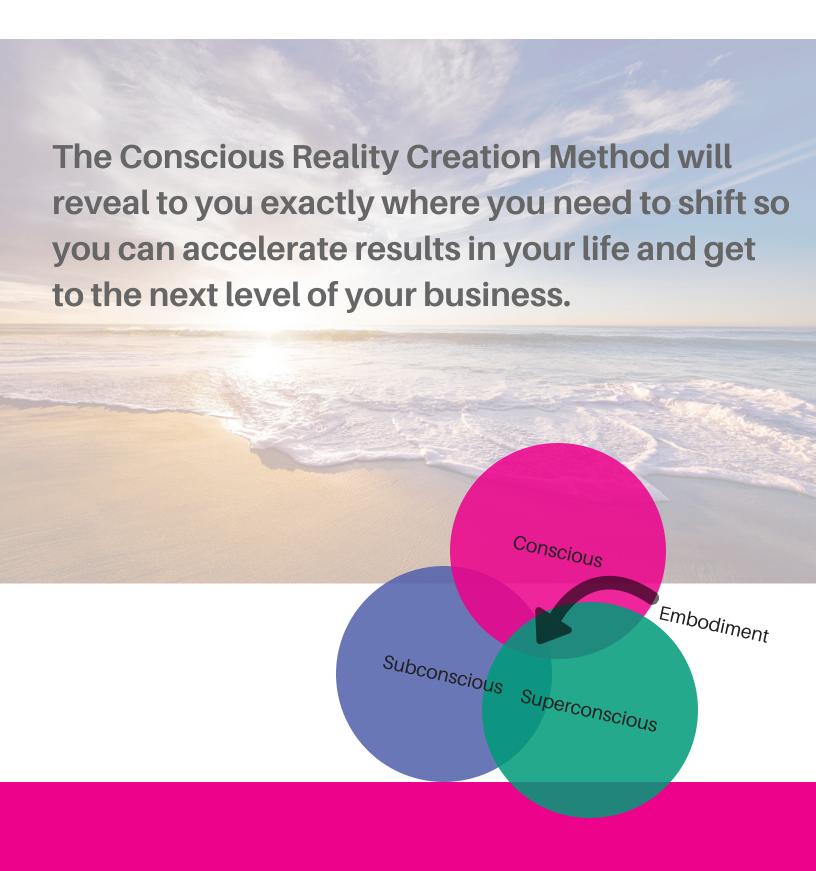
They were in resistance to their vision.

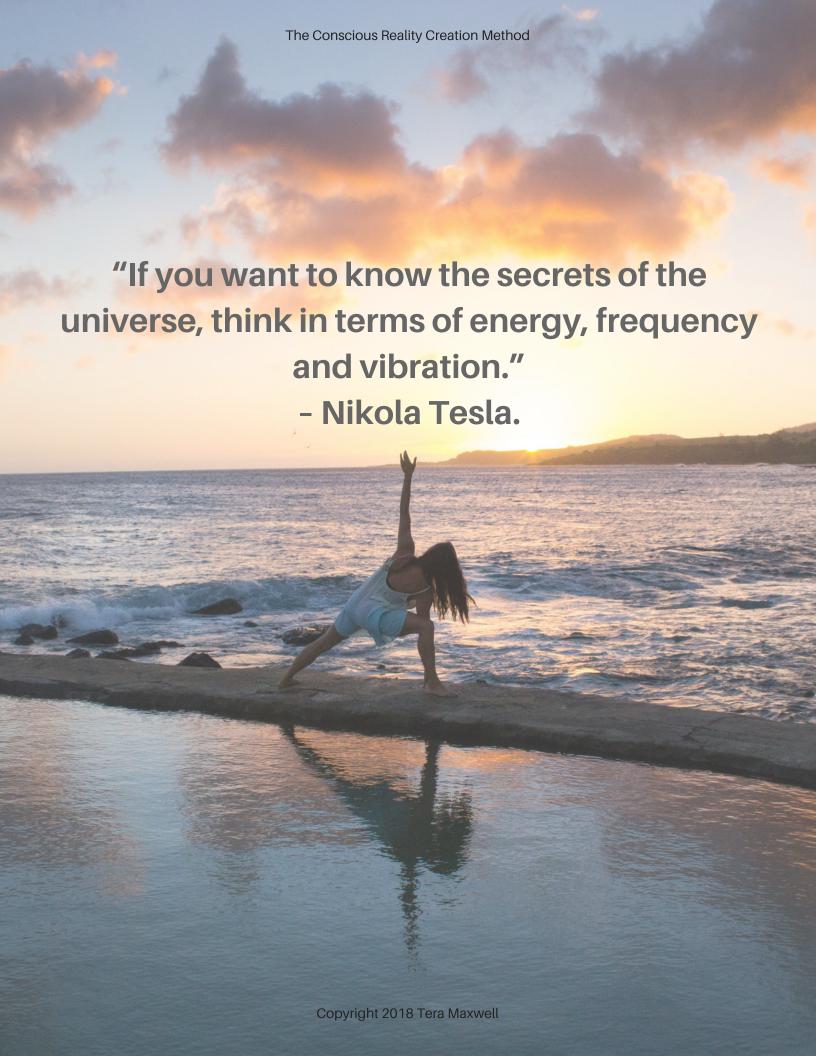


Now, I am living my dream,

running a multi-6-figure transformational coaching company, working with clients all over the world, and loving my life with my husband and 3 kids in a house overlooking the ocean in Costa Rica.







Five years ago, I was living with my family in a suburb in Maryland. Though my company created consistent revenue, I re-invested most of it back into growing my business and into personal development. Expecting a yearly bonus from my husband's job, we had accumulated \$100,000 in debt. I wasn't worried because we always paid it off when his bonus arrived.

But this year proved different.



Due to changes in his company, AJ didn't receive a bonus. And we were stuck with looming debt.

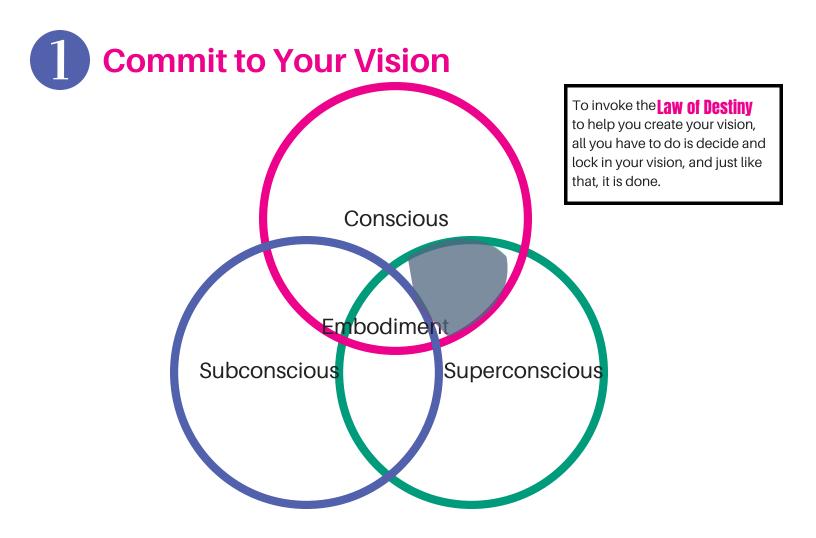
This lesson invited me to practice the very principles I teach. Instead of worrying about the future or blaming each other about whose fault it was, we focused on our vision.

One night, while making love to my husband, I decided to use my body as a vehicle for conscious reality creation. The sacred energy from sexual intimacy is the same energy with which God created worlds. While tapping into this sacred energy through orgasm, I envisioned we were on the same bed, but in a house near the ocean. I could hear the waves crashing against the shore. I imagined the light and laughter that prevailed through this dream home. I experienced boatloads of cash raining upon us.

I never had to think or ask about this vision again. It was complete.

Not long after, the Universe catapulted us to Costa Rica. We decided to follow our dream, even though we didn't have a safety net. Unbeknownst to us at the time, my husband received stock that he didn't know he'd receive. We paid off all our debt. And when my husband found the house that we live in today, I knew it was the same vibrational frequency of the home I had called in.

I learned intimately this truth: When you commit to your vision, it is done.



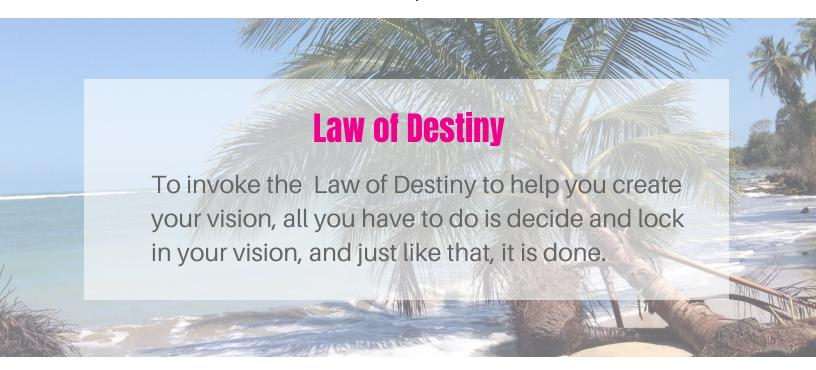
The first step to manifesting your dream is to create and commit to your vision.

One of the biggest things that keeps people from actually manifesting their vision is that they focus on what they don't want like debt, lack of clients, or that car that keeps breaking down. Guess what. If you focus on lack, you attract lack. You have to focus on abundance, getting the clients you want, and that beautiful new car you've had your eye on for manifesting to actually work.

Step 1 Exercise

Ask yourself: What do I want to see in my life a year from now? What lights me up? What brings me joy? Once you have your vision, write down your vision statement. Trust that your Higher Self has got this. You have all of this divine assistance, and that divine wisdom of what you're here to create is already within you.

Next, dive into your emotional why and write down why you want this vision. Decide, declare it, and stick to it! You are the author of your destiny. What shows up in your life is the culmination of past thoughts, beliefs, actions and ancestral patterns, so creating that clear, focused vision is the first step to designing your destiny.



Before we dive into patterns and triggers, we need to understand why they are signs on your journey of upleveling into the best version of you.

You are a sophisticated biocomputer with a Divine Operating System. Like any computer, hundreds of programs are running in the background to keep your mortal machine operating smoothly. Every experience you have ever had is stored as memory in your biological hard drive. When you are faced with a situation that mimics a past charged experience, your brain sends a chemical cocktail throughout your body to create an emotional response.

So, for instance, when I was about to speak in front of a mastermind of 7-figure entrepreneurs, I froze. I was petrified of being seen, being vulnerable, so I spoke from my head, not my heart.

That experience brought up the trigger of shame, the fear of being seen.

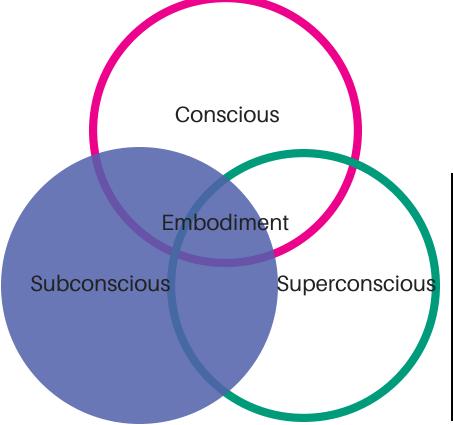
Once I recognized this trigger, I released it through a simple process I teach in the Conscious Reality Creation Method TM.

But here's the thing, you have to be able to recognize your patterns and triggers!

One of my clients who is business coach expressed frustration about having a string of clients who were not fulfilling their commitment in the program. Working together, I helped her release the trigger. She gained clarity about the clients she enjoyed working with. She was able to stand in her power with her clients and be in a position to truly serve them because she wasn't stuck in her disappointment. After her breakthrough, she enrolled 2 more dream clients who paid in full \$40,000 cash received. That is the power of moving through our triggers quickly and easily!



Observe & Release Limiting Beliefs & Blocks



The **Law of Infinity** is that every key choice and decision that you make has a ripple effect without an end.

The Law of Integration dictates that your effectiveness in consciously creating your reality is dependent upon how integrated you are with your past, present, and future selves. Any hidden "you" must integrate all parts of yourself.

Let's start by observing your patterns and triggers. That will help us define your limiting beliefs and blocks. A pattern is a repetitive theme in your life, while a trigger is a negative or emotional response to events, people, places, or even things.

A Limiting Belief is a belief that is not universal truth, but one that you have inherited from others (such as school, society, and even our own families and ancestors) and it keeps you in a limited reality. Now, a Block is an emotional blockage from the past that holds you back from realizing your vision, despite your best intentions.

Consider your money story. What did your parents say about rich people? What did they associate with money? Is it evil, dirty, just a necessity? Is it bad to have more than you need?

Once you identify the patterns and triggers, you can work on releasing the beliefs and blocks that hold them in place. Everyone has blocks. It's important to learn how to properly release them: Awareness, observing, asking your divine guides, praying on the block specifically.

Manifesting our dream is a mathematical equation. This Conscious Reality Creation Method TM will show you exactly what variant to focus on shifting to improve your life.

If you don't like what is showing up in your life, simply change the codes.

If the same pattern still keeps showing up, seek outside support.

Removing blocks and getting to the root of entrenched patterns is my specialty. And I train affluence coaches and those who just want the tools for themselves to become an expert in releasing affluence blocks through the Conscious Reality Creation Method TM. It's one of the fastest energy healing modalities for accelerating lasting change in people's lives.

This may or may not be for you. But know that if there is a problem, there is a solution. And it doesn't have to take as long or be as hard as you may think.

Law of Infinity

The Law of Infinity is that every key choice and decision that you make has a ripple effect without an end.

Law of Integration

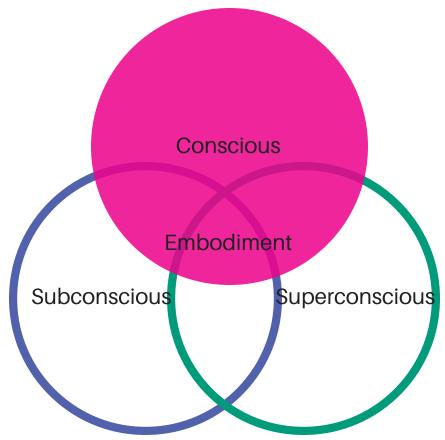
The Law of Integration dictates that your effectiveness in consciously creating your reality is dependent upon how integrated you are with your past, present, and future selves. Any hidden "you" must integrate all parts of yourself.

Step 2 Exercise

The Law of Infinity: What is one habit that you could replace right now to create a domino effect of positive transformation in your life?

The Law of Integration: What is one aspect of your past or old story that you have been hiding or pushed aside?

3 Change Conscious Thought Patterns



Your conscious thought patterns drive you.

For instance, if you do energy work to you release a block around money and then something comes up where you say that you cannot afford it, that is a conscious thought pattern. You are CHOOSING that belief and mindset. You are committing to that money story.

Successful 6 and multi-6 figure business owners enroll in our programs because they want to uplevel at an accelerated rate. But they have felt they are up against an energetic glass ceiling.

The first two places we examine in their energy equation is 1: Their blocks and 2: Their conscious thought patterns. I teach my clients to use a tool called "Visioning Q's," which I'll share here.

When you ask a question of what you want to create, it brings the idea from your subconscious to your conscious awareness. As you consciously become aware of your negative thought patterns your subconscious works with you to shift these beliefs. And as you shift these beliefs, you direct your conscious thought patterns to become aware of more positive thoughts.

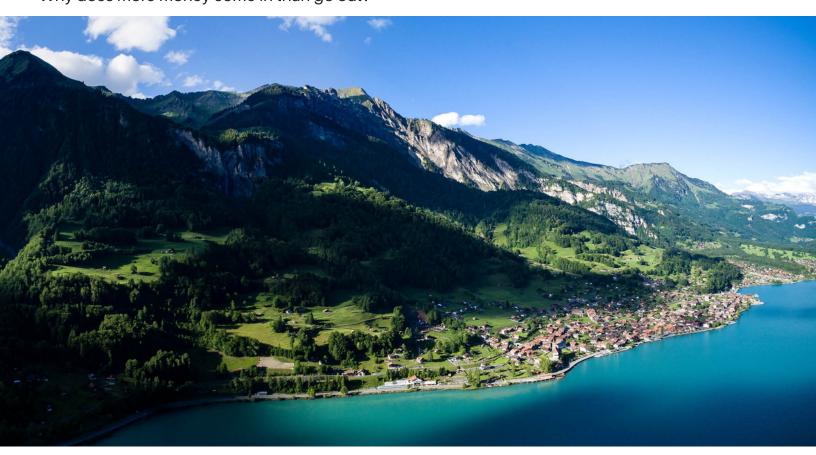
When my client Allen began working with us, he was unhappy with his work and in his marriage. Over the next year in Affluent Life, he released the limiting beliefs and emotional blocks that created the life of unfulfillment. He finished the first draft of his book. He launched his photography business. And he fell in love with his job and his wife again.

Working with hundreds of clients, I have found that changing our conscious thought patterns takes time because you have to create new neural pathways in the brain. You didn't pick up the negative thought just a day ago. We have been thinking these thoughts for sometimes years, even decades.

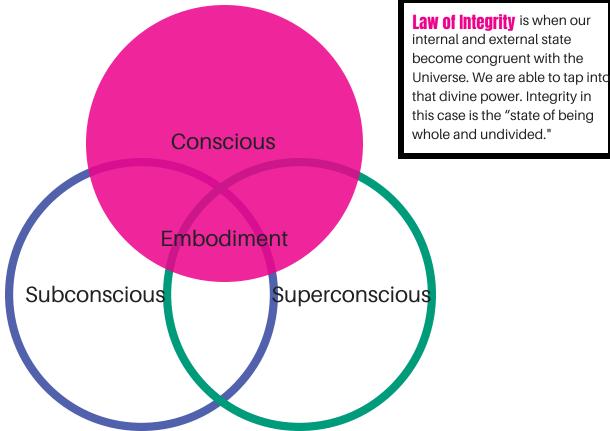
That's why, if you want to transform your life and business, it is so important to surround yourself with other abundance mindset gamechangers and mentorship to highlight the thoughts and blocks that are holding you back.

Step 3: Visioning Q's

In these situations, try these Visioning Q's to defeat negative thoughts: Why am I so happy?
Why am I able to invest in myself?
Why does my life get better and better each day?
Why do I see miracles every day?
Why does more money come in than go out?







In the beginning of this program, you wrote down your vision and what it was that you wished to create. Whatever you desire, that you wish to create, to be that successful and thriving artist, stop and ask yourself these questions...

Are you living in integrity with that vison? How do you think? How do you speak? Who do you reach out to?

You have to operate within the Law of Integrity to finally embody your new identity, that of the successful, happy, soul-centered leader thriving in abundance.

By leveraging this universal law, you are working with it. Everything is in flow, and nothing is holding you back. If you find yourself feeling exhausted and overwhelmed, chances are you are working against the law.

And when this conscious identity is aligned with your superconscious intelligence and grounded in the body, you get traction.

This is why often spiritual people, the yogis and healers, may be lit up in the superconscious area of understanding abundance, but they are not embodying it.

One of my clients, Kelly, was a coach and a mother of 2 children torn between being a good mother and wife and a successful CEO of her business. When we first started working together, she was making \$1000 a month. Over the next year, she increased her revenue to \$10,000 monthly. That's the power of shifting our identity!

To help her let go of control and learn to let go of her mind and drop into her heart, I would have her say: I am someone who delegate easily.

I am someone who hires a cleaner to come to my house daily.

I am someone who goes on dates with her husband once a week.

I am someone who does 10 sales conversations a week.

I am someone who makes love to my husband 2X a week.

I am someone who posts on social media daily.

This step demystifies the "magic" in manifesting. It lets you create a new container to receive your vision.

When your idenity shifts, you are ready to receive.

Step 4 Exercise

If your vision is true today, who are you becoming to hold this vision? Be specific. Think in terms of what is required this week, this month...

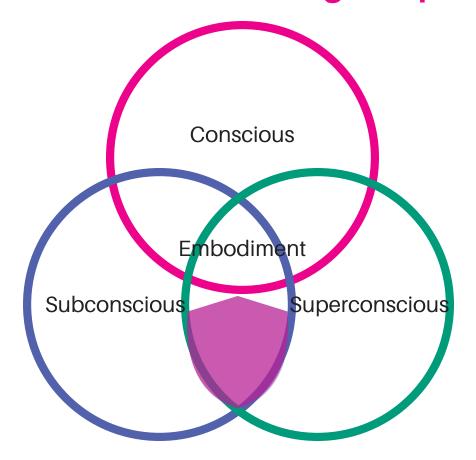
I am someone who...

Law of Integrity

The Law of Integrity is when our internal and external state become congruent with the Universe. We are able to tap into that divine power. Integrity in this case is the "state of being whole and undivided."

5

Activate Vibration through Inspired Action



To activate the vibration, you must live in the vibration, as if your desire has already come to pass.

When being abundant, you should avoid using phrasing as if they have yet to happen, like "I'm getting..." or "I need..." or "-I cannot afford it..." you end up repelling abundance. They resonate and stick with you.

Act in that vibration. Live in that vibration. Live in the abundance that is your desires.

You must learn how to shift your immediate reality. And when you learn to do that, then you begin to extend and think bigger, globally. You begin to see the big picture. It's so much more than just clearing away blocks. You must first shift away those stories of struggles...

You have the power to consciously create! You have the power to shift your reality!

In my family, we say: "Fear means go!" Sometimes feeling that quick rush of fear means that you are accessing your abundance. The greater the fear and the risk, the greater the return!

I invested over \$200,000 in myself over the past several years. And it doesn't stop. Why? Because your mind is your best asset.

The way that you turn your dream into reality is by taking massive action, clearing the blocks & changing conscious thought patterns along the way.

For instance, if you know that you would accelerate with having mentorship and support, and you don't take action, you are repelling abundance.

You are violating all the steps in this Conscious Reality Creation Method TM.

When you feel the fear, even when it doesn't make sense, listen to your heart, and the Universe will open doors for you.



Let me be clear.

This isn't hocus pocus, or pleasing spiritual language.

When you act consistently with these 6 steps of the Conscious Reality Creation MethodTM, you literally command the creation of your reality.

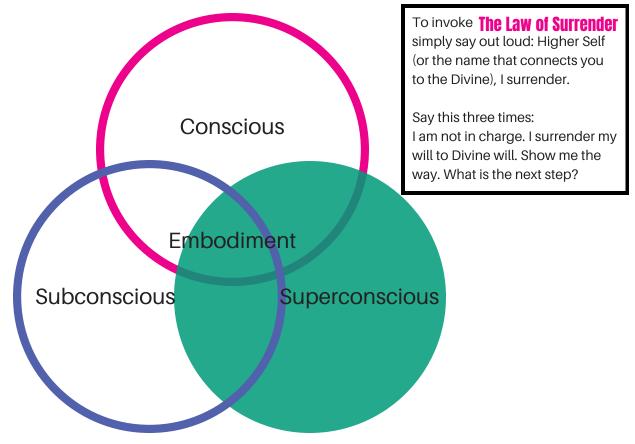
Lynne Katz, one of our Affluent Life Academy clients, illustrates this level of commitment and integrity with her vision.

When we first discussed stepping into our year-long transformational coaching program, it didn't make logical sense. Her earnings were \$2000 a month. Her job was in a toxic work environment. And she knew in her heart that she had a greater calling.

But she took a big leap. She invested her life savings, just \$4000, and made payments on the rest.

Over the past year, she received two increases at her job. As she raised her vibration and fell in love with herself and stepped fully into her power, she stepped into leadership in her work environment. She released excess weight and gained vitality and joy. And she recently was asked to speak about her expertise in front of 250 academics. This is someone who would describe herself as shy!

6 Access Divine Support



To some, calling on Divine Intelligence may seem obvious. You can meditate, journal, but there is a very active way of meditating which allows us to increase our intuition so we can get clarity with our answers.

My client Susan hit a slump in sales. She recommitted to her vision and called on her angels and guides. We worked on releasing any limiting beliefs and emotional blocks. The next week, she enrolled 2 private clients who were excited to work with her, well over 30,000 in sales.

So often you already have the answers, but there is so much static and noise in your head. You need a way to tune into those answers and trust yourself and your intuition so you don't make mistakes.

Step 6 Exercise

Take out a piece of paper, and write a letter to your angels or guides.

Dear Angels,

Thank you for orchestrating all the details of my life...

Write down EXACTLY what it is that you wish to create in the present tense. All the details. All of the emotions. Whether it is part of your Big Vision of things that you wish to create for this week or even the month. Then, express your gratitude for this vision, as if it has already happened. Underneath that, write "What is my part?" Ask your guides for their support. They will arrange all of this for you! As you brainstorm, tune in to your heart and intuition.

Do this active meditation weekly to release blocks and gain clarity. Then, you will start to naturally tune in and drop to that Higher Self. You'll start to trust yourself.

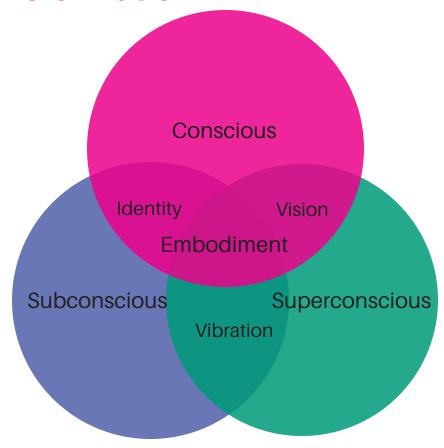
The Law of Surrender

To invoke the Law of Surrender, simply say out loud: Higher Self (or the name that connects you to the Divine), I surrender.

Say this three times:

I am not in charge. I surrender my will to Divine will. Show me the way. What is the next step?

Total Transformation



The Conscious Reality Creation Method works with the Conscious, Subconscious, and Superconscious so you can Embody your vision and get aligned with your higher self.

It focuses on all 7 Circles of Affluence:

Money Health Family Tribe Love Work & Purpose Creativity & Play

ALIGNMENT

Following the 6 steps outlined here can help you get into alignment, manifest your reality, and live your dreams!

Bottom Line: I teach you how to birth your dream into physical reality!

Conscious Realty Creation Works!





Suzanne Kelman, Novelist and Amazon Bestselling Author

"With A-life, my life was catapulted to a whole new level. The group works two-fold for me. First, it is accountability. Having this tribe, this vortex of amazing energetic supporters checking in and encouraging me emboldens me to take more risks and follow my gut more. Secondly, with the energy work and the current Quantum leap groups, I now have real clarity about my vision, and that is ultimately bringing about my ongoing success." [Suzanne went from the fear of being seen and playing big to diving into her work and creativity with renewed vigor.]

Before I started working with Tera, I was exhausted and unfulfilled, working four jobs just to make ends meet, all while trying to promote and up-level my healing practice so my "soul work" would be my only source of income. In the four years that I've worked with Tera, I've evolved on so many levels—professionally and personally. My business went from generating six thousand a year to quickly moving towards generating upwards of six figures! I finally exceeded my goal of generating sales of over ten thousand in a month! With Tera's help, I hosted my first telesummit, created and enrolled clients in courses and group programs, and now work only three and a half days a week and take the rest of the time off to rest, rejuvenate, play and enjoy myself! And now my company generates consistent \$20k monthly revenue!



Susan Jenkins, Shamanic Priestess



Alyson Chavez,
The Ultimate Prosperity
Coach

Before, I was not booking new clients, and my subscribers were not engaged or interested in what I shared. It took a lot of patience on Tera's end to help me get more heart-centered. I also had a lot of limiting beliefs to work through and heal, and a core belief that I wasn't enough. Tera is very nurturing and energetic, and very heart-centered in her approach. Her process is beautiful in simplicity, but profound in its ability to heal. And since working with her, I've not only made back my investment, but I've enrolled eight new clients, created a blueprint for my business, and learned a range of skills that I didn't even know I had. With Tera's help, I've been able to heal my relationships with my family, I've established a new level of trust in myself, and I now believe that what I offer is a gift and that I am enough!

I have shared with your the exact steps to consciously create your reality. My hope is that you will take these tools and birth your dream into the physical and have the impact you were born to share.

If right now, you feel the certainty and confidence that you will be living your vision in the next year, or well on your way, this is my gift to you.

The rest of this book is not for you.

If after reading this, you know that you still get in your own way...

You are your own worst enemy.

You have been working at this for so long, and you don't want next year to be the same.

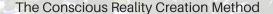
We have arrived at a moment of truth.

When you are invited to decide for yourself, right here, right now.

Will you be a consumer of more content? Or the conscious creator of your life?

If you are ready to accelerate your results in your life, this is for you.





One year from now . . . What will your life be like?

Release the blocks and learn how to master your mindset and shift your identity

To manifest more clients and money from a place of ease and flow.

So you can become the

Sovereign CEO of your life

If you're ready to

Become unstoppable,

Get unblocked,

Uplevel your life,

And create the impact you were BORN to share,

Then you don't want to miss this opportunity!

Affluent Life Academy

Click here to apply and book an exploratory call with our team!

Each of these light leaders was where you are today: working too much, feeling stuck and out of alignment with your passion, higher-self, and goals.

But together, we worked so they could bring together their conscious, subconscious, and superconscious minds, which allowed them to embody their new self! A total transformation!



Today, they have the freedom and abundance they craved for so long because they were able to combine the strength of their three minds and embody their true potential.

If you are ready to integrate your 3 minds so you can have the greatest impact, then you have to release the ego and break free from the stories so you can birth your dream into physical reality.

You have the ability within you! All you need is a vortex of accountability and support and someone to show you the patterns that you aren't seeing so you can break free.



You're ready for Affluent Life Academy!

If you long for internal freedom.

If you want to be free from the stories,
Free from what others think,
Free from the triggers,
And you're ready to start trusting yourself,
You're next step is joining the Affluent Life
Academy!

We dive deep into the Conscious Creation MethodTM and make use of the body-mind-soul connection.

Get to the next goal, Feeling unstoppable. Uplevel in your Business in Affluent Life Academy

You want to get to multi-6 figures or even 7 figures, but you have to get out of your own way! The blocks won't disappear on their own. You need a strategy and guide to finally be free!

About Tera

From college dropout to Ph.D., she is the leading expert on affluence, motivating entrepreneurs to break old beliefs and design a life of abundance. Her scholarly work on trauma and intergenerational memories informs her signature Conscious Reality Creation Method TM, which includes healing emotional blocks. Tera, who is Filipino-American, is particularly interested in uncovering and addressing specific challenges faced by first- and second-generation children of immigrants. Tera helps clients overcome self-sabotaging patterns and live on purpose in alignment with their highest potential. She now lives in Costa Rica with her husband and three children, leading transformational retreats, coaching entrepreneurs, and surfing.

Tera's unique ability to identify and remove energy blocks, combined with her rare talent in vibrational energy, allows her to help clients change their thought patterns and take action in alignment with their life's vision.



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